



VELOCITY

UKMERGE, LITHUANIA 21-26 AUGUST 2016

AIMS OF THE PROJECT

Discover the benefits of using bicycles as a main mode of transport

Talk about the reasons why bicycles are more popular in some countries than others

International sharing about the best practices in cycling

Raise awareness about the concept of cycle-friendly cities

Promote bicycle commuting

NUMBER OF PARTICIPANTS

7 participants + 1 group leader

Age of participants: 18-30

ORGANISATIONS INVOLVED

Skautu Slenis- Lithuania

Team for Youth Association- Romania

Be Cicleta- Spain

Buchach-Art- Ukraine

ACCOMMODATION

Accommodation will be provided in Scout Valley where the program will take place. Scout Valley is surrounded by beautiful wild nature, forests, lands and a stream. Only 8 km away there is lake Žirnajai and 15 km away is the nearest town called Ukmergė (a town in Vilnius County, located 78 km northwest of Vilnius).

Accomodation



WHAT TO BRING?

- + Sleeping bag
- + Swimming suit
- + Comfortable shoes
- + Sport clothes for cycling
- + Clothes and shoes for hot/cold/rainy weather
(no boring weather here)
- + Medication in case that you need
- + Identity card
- + Adventurous spirit
- + European Health Card

TRAVEL

Travel expenses will be covered according to the ERASMUS+ guidelines. Participants have to arrive on August 20th and depart from exchange on August 27th. Any other options are on participants own expense. We can help you find cheap tickets so CONSULT US before you buy the tickets.

The whole group from each country should travel with the same plane in order to facilitate the reimbursement of money and pick-up from the airport. Don't forget to buy round-trip tickets!

TRAVEL

In order to reimburse the money you have to bring with you:

1. The original invoice of the flight ticket (with clear mark how much you have paid). This invoice should be addressed to yourself, or your organization. (If you receive an electronic ticket, please print out a copy also for us. This shows the real cost of the ticket).
2. Save all boarding passes (no boarding pass = no reimbursement)

TRAVEL BUDGET

Ukraine 170 €

Romania 170 €

Spain 270 €

Transport from and to the airport is provided by organisers.

Airports close to Ukmerge: Kaunas Airport, Vilnius Airport

BEFORE YOUR ARRIVAL

Before arriving in Lithuania every group should prepare a short video about cycling in their countries.

ADVANCED PLANNING VISIT

Between 12-13 August there is going to be an advanced planning visit. The leader of the group and one other participant (from each country) are expected in Scout Valley in order to decide together certain aspects of the project.

KEEP

ON

BIKING